IN THE CLAIMS:

The following is a complete listing of claims in this application.

Claims 1-4 (canceled).

- 5. (currently amended) A symmetric mattress, comprising a central metallic spring unit, having opposite faces on each of which is disposed, in sequence;
 - a first sisal layer;
 - a natural cotton layer;
 - a second sisal layer;
- a natural latex or rubber layer having a plurality of perforations therethrough, with the second sisal layer contacting the cotton layer and the natural latex or rubber layer; and

an outer textile padded layer sewn to the natural latex or rubber layer.

Claim 6 (canceled).

7. (previously presented) Mattress according to claim 5, wherein the components make up a ventilated unit dissipating heat, with an ergonomic fitting made up by the natural latex and the metallic spring unit in combination.

Claim 8 (canceled).

9. (previously presented) Mattress according to claim 5, additionally comprising a second perforated natural latex or rubber layer adjacent said perforated natural latex or rubber layer.